

Barrington Public School Newsletter

Integrity Excellence

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TERM 3 WEEK 3

FRIDAY 5 AUGUST 2022

Calendar

TERM 3

Friday 5 August

Manning Zone PSSA
Athletics Carnival at
Tuncurry.

Friday 12 August

Yrs 5/6 Excursion to the
Manning Regional Art Gal-
lery.

Thursday 18 August

PSSA Soccer game at Ray-
mond Terrace.

Wednesday 31 August -

Friday 2nd September

3-6 Coffs Harbour
Excursion.

Wednesday 31 August

Yrs K-2 Excursion to Oak-
vale Wildlife Park.

CANTEEN

Monday 8 August

Leanne Hebblewhite and
Kirra Fox.

Monday 15 August

Jo Charlier and Tanya
Denyer.

Happy Education Week—Creating Futures

This year we continue to celebrate the journey students and learners take throughout the NSW Education system, focusing on how we are creating futures for our students, staff and families.

From the first days in child care to post-school pathways, our education system is preparing young people to be agile thinkers and lifelong learners.

We celebrate all types of learning that occurs at all levels across our education system and we have a shared responsibility in helping to shape the lives and create the future of today's learners.

Public education can change the lives of not just our students, but also the lives of our teachers, staff, families and communities.

We are CREATING FUTURES at BPS!



Remember our PBL Values:

Choices

Care

Respect

Responsibility

Our Library days are:

K/1/2 - Friday

3/4 - Thursday

5/6 - Thursday

Please bring in your library bag on your day.

Please make sure we have your up-to-date details in case we need to contact you.

Weekly Awards

K/1

Eloise Hulsebosch - 'excellent contributions to number talks lessons'

Freddy Cowley - 'for getting 100% in 'Today's Number''

1/2

Kody Farmer - 'a consistent effort in all subjects'

3/4

Lily Blanch - 'her consistent spelling results'

Zoe Kilby - 'her excellent knowledge in number talks'

Sophie Webb - 'her consistent effort in all areas'

5/6

Joslyn Kilby - 'consistent effort across all areas'

Alex Terras - 'excellent results in Maths Olympiad'

Silver Awards

Harry Charlier, Kaleb Farmer, Elizabeth Charlier, Koby Gambrell, Eloise Hulsebosch, Grace Lute, Mia Wall, Freddy Cowley, Archer Smith, Saige Partridge, Bella Douglas, Ruby Blanchard and Joslyn Kilby.



School Information and Reminders

The new playground equipment is OPEN!



Golf at Gloucester Golf Club



Birthdays

Allira Wilson 11.8.22 (10)



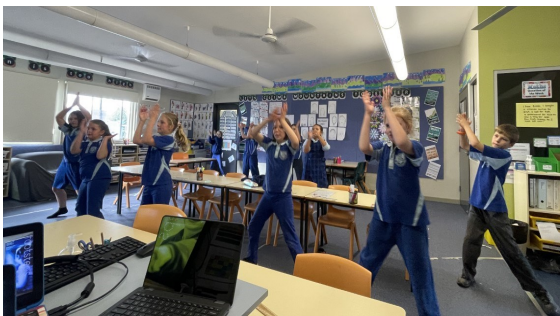
Classroom Fun

K/1 Phonemic awareness

As part of our morning literacy sessions, the students learn how to sound out words. We are currently learning some tricky four letter words such as 'trip or clap' where they have to really listen for each separate sound and beat the drum as they say each sound. They are all very clever!



3/4 Dance



This term 3/4 are thoroughly enjoying their dance program "Footsteps". Students are learning about all the different concepts of dance as well as a variety of dance moves. Keep on dancing everyone!

Spelling Bee

On Wednesday 3rd August, Years 2-6 tested their spelling knowledge against one another in the annual Spelling Bee. After making it through a few rounds in each division, we eventually found two winners. Congratulations to Sophie Webb for winning the Junior Division and Hunter McKinley for winning the Senior Division. They will now go on to compete in the regional finals. Good luck guys and thanks to everyone who gave it a go.



NAIDOC Day activities





Barrington Public School P&C Updates

- Don't forget to buy tickets to our Spring Ball. Tickets are available for \$70pp and can be purchased at Furniture One. Tickets need to be purchased by 1st September.
- Our Father's Day Gift fundraiser is attached to this newsletter. Orders will need to be returned by Friday August 19th.
- Please join our new facebook page - Barrington Public School P and C - to keep track of all of our events, fundraisers and general information.
- We urgently need volunteers for our school canteen each Monday. Remember it doesn't have to be parents and carers, grandparents, family friends and community members are all welcome to volunteer. Please contact Emma Laurie if you are interested in volunteering on 0419 929 827
- Tickets for our Spring Ball raffle will be on sale soon. If you would like tickets to sell please contact us through our Facebook Page or email us at barringtonpublicschoolpandc@outlook.com. We will be at the Gloucester Farmers Markets on Saturday 13th August if you would like to purchase tickets. Tickets will also be available at the school office.
- Our new uniform coordinator is Erica Laurie. Orders will need to be returned by Tuesday and will be filled and sent home each Wednesday.

Barrington Public School
Parents and Citizens Association



SPRING BALL

Tickets \$70pp
Available from
Furniture One

Saturday 10th
September - 6pm
@ RSL

Dress code:
Formal

- Music by Craig Thompson
- Three course meal by local chef Tamsin
- Live auction including electric chainsaw and two night stay at The Ridge Eco Cabins
- Raffle tickets also for sale

2022 Father's Day Gift Guide



Coffee mug \$4.50



Thermal Travel mug \$6.00



Granddad stubby holder \$4.00



Screwdriver light set \$4.50



Tin money box (110mm) \$3.00



Dad photo frame \$4.00



Dad's Pen \$2.00



3 in 1 Keyring (tape measure, bottle opener and torch) \$3.00



Magnetic Torch \$3.00



2022 P&C Father's Day Fundraiser

Orders due in by Friday 19th August.

Orders will be returned Week 7.

Student name: _____

Phone number: _____

Product	Cost per item	Quantity	Total
Coffee Mug	\$4.50		
Thermal travel mug	\$6.00		
Grandad stubby holder	\$4.00		
Screwdriver light set	\$4.50		
Tin money box	\$3.00		
Dad photo frame	\$4.00		
Dad's pen	\$2.00		
3 in 1 Keyring	\$3.00		
Magnetic Torch	\$3.00		
		Subtotal	

Payments can be made by cash or direct debit (please tick).

Cash

Direct Debit

Account name: Barrington P&C

BSB: 93200

Account number: 100459400

Reference: Surname and Father's Day (e.g. Brown Father's Day)



Screen time and physical play

Movement and play are important for kids development



Choose small screen games and Apps that reduce kids sitting time and encourage physical activity.

- Choose videos, games or Apps that get your kids moving e.g. dancing, sports, yoga. Join in using the App or game with your kids
- Plan a walk using a digital map. Take photos of interesting things along the way
- Video your kids learning a new skill e.g. hopping, a new skateboard trick. Replay the video to track their progress over time
- Be a role model! Show your kids how to track their physical activity. Talk about how being active is fun & feels great! Show them how far you walked or swam last week!

Source: Screen time & physical activity, kidsRaising Children Network <https://aisingchildren.net.au/school-age/day-media-technology/screen-time/health-screen-use/screen-time-physical-activity>



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Start your day with breakfast

Breakfast refuels your body, ready for the day!



Kids who eat breakfast have more energy to be physically active. They can concentrate, problem solve and focus better at school.

- Involve kids in planning, shopping and making breakfast. It teaches kids how to plan, prepare and cook meals
- Prepare the night before e.g. get out kitchen utensils, plates, cups, cut up fruit
- Sleep in? Try healthy grab and go options; fruit, trail mix, fruit smoothies, bag of wholegrain cereal, reduced fat yoghurt, baked beans
- Encourage your kids to start the day with breakfast. Make time to sit and enjoy eating breakfast together

Source: Breakfast: encouraging children to eat and enjoy it/raisingchildren.net.au/
<https://raisingchildren.net.au/toddlers/nutrition/fitness/breakfast-lunches/breakfast>



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Drink water for healthy teeth

Make water your family's drink



Tap water is free, good for your skin, digestion and helps protect your teeth!

- Teach your kids to enjoy water. Drink water throughout the day
- Take refillable water bottles on outings and car trips
- Serve water with meals and snacks. Change it up by adding sliced fruit, mint, cucumber or serve in a decorative jug
- Choose water when playing sport
- Pack a water bottle with lunchboxes. Freeze water bottles in summer. They make a great ice-brick and double as chilled water

Source: Choose Water as a Drink! NSW Health <https://www.health.nsw.gov.au/health/schools/Documents/for-parents/ChooseWaterasDrink.pdf>



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Serving up veggies!



Vegetables have nutrients, minerals, vitamins and fibre essential for kids growth, development, health and wellbeing.

Tips to get kids eating 5 x serves of veggies daily

- Eat as a family. Offer kids a variety of cooked and raw vegetables daily
- Be a role model! Fill your plate with a vegetable rainbow. Talk about what veggies you like to eat and why
- Add raw or cooked veggies to lunchboxes e.g. veggie pikelets or muffins, carrot & cucumber sticks with salsa
- Veggies are a great snack! Keep sliced veggies in a container in the fridge e.g. capsicum, celery, carrot
- Ask your kids what veggies they'd like to eat. Involve them in shopping for, choosing and cooking veggies

Source: Queensland Government | How to get your kids to eat more fruit and veggies - Healthier, Happier.
<https://www.healthier.qld.gov.au/guide/how-to-get-your-kids-to-eat-more-fruit-and-veggies/>



HNELHD-GoodForKids@health.nsw.gov.au
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Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines (2019)*.

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.dese.gov.au/about-us/resources/department-education-skills-and-employment-complete-privacy-policy-0) (<https://www.dese.gov.au/about-us/resources/department-education-skills-and-employment-complete-privacy-policy-0>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards

Amy Hughes

Principal