

BARRINGTON

PUBLIC SCHOOL

Integrity and Excellence



Term 2 Week 2 Wednesday 8 May 2019

Weekly Awards

K

Isla Denyer – 'wonderful progress with her reading'

I/2

Bella Douglas – 'showing pleasing improvement in all areas of her learning'

Charlie Coombe – 'his wonderful number knowledge'

Joslyn Kilby – 'having imaginative story ideas'

3/4

Sienna Macdonald – 'more confidently and enthusiastically contributing to all class discussions'

Rubi-Roze Tull – 'contributing great strategies during number talks'

5/6

Josh Jones – 'continued fantastic settled approach to work'

Elana Pope – 'consistently great spelling results'

Maddy Richards – 'positive improvements in her work'

Silver Commendation Certificates

Zoe Kilby, Sophie Webb, Charlie Coombe, Hunter McKinley, Bradley Rayner, Harry Kauter, Jarrah Wilson, Josh Jones, Amarlie Stephenson, Hugo Laurie and Summer Edwards.

BPS Values Award

Bella Douglas for the value of RESPONSIBILITY.



A proud member of the Bucketts Way Community of Schools

Coming Events Term 2 2019

Wednesday 8 May

Science and Engineering - Stage 3 students.

Thursday 9 May

P&C Meeting, 9.30am in school common room. All welcome.
Mother's Day morning tea at 11.00am.

Friday 10 May

Dance Program commences for Term 2.

Tuesday – Friday 13-17/5

NAPLAN – Years 3 and 5.

Tuesday 21 May

Whole School Assembly in the Kindy room at 2.15pm. All welcome.

Wednesday 22 May

Author visit.
National Simultaneous Storytime.

Thursday 23 May

Grandparents Day/Bookfair.

Friday 24 May

PSSA Netball game.

Monday 10 June

Queen's Birthday Public Holiday.

Wednesday 12 June

Manning West Small Schools' Athletics Carnival for Years K-6 at the South St Oval, Tuncurry – 9.00am.

Wednesday 26 June

NAIDOC Day at Gloucester Public School.

Grandparents' Day and Bookfair

Our annual Grandparents' day and Bookfair will be held from 9am-11.30am on Thursday 23 May. All Grandparents and parents are welcome to attend and will be entertained by some class items, will be shown their children's bookwork and then join them for morning tea. Each class will get a half hour allocation of time to spend at the bookfair. A note will be sent home at the start of the week to confirm times of the bookfair. This year's theme is 'Catch the Reading wave', so students can plan a surfing/beachy type of outfit. Stay tuned for further information!



ANZAC Day 2019

Thank you to the amazing students from BPS who took part in our town march and service on ANZAC Day.

It was a wonderful opportunity for our students to remember and reflect on the sacrifices made by our service men and women over the years. Thank you also to our parents and carers for getting our students to the event during the holidays.



Many thanks to the Gloucester Soccer Club for their generous donation of \$25.00 to The Gloucester Bookshop for the commemoration of ANZAC Day 2019.

Also a huge thank you to the Gloucester RSL Sub Branch for their donation of the book 'New South Wales and the Great War' and to the Gloucester Westpac Helicopter Committee for their donation of the book 'The Cities Book – A Journey Through the best cities in the World'. Both books will be valuable resources to our library.

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Congratulations to the following students who have demonstrated the school's values:

Week 11 T1

Summer Edwards, Saige Partridge, Bella Douglas, Hunter McKinley and Oliver Laurie.

Week 2

Sienna Forbes, Zoe Kilby, Alerah Hardy and Nathaniel Graham.

Birthdays

Joslyn Kilby 2.5.19 (8)

Nathaniel Graham 3.5.19 (11)

Joshua Jones 17.5.19 (10)

Charlie Coombe 18.5.19 (8)



Canteen Roster

Monday 13 May

Shane and Sam Hardy.

Monday 20 May

Belinda Germon and Georgie Bandy.

Canteen will operate on Tuesday 11 June after the long week-end.

Dance Program

The Dance Program for this term will commence this Friday with Miss Sam. Thanks to everyone for returning their permission notes and fees for this program.

Woolworths Earn and Learn

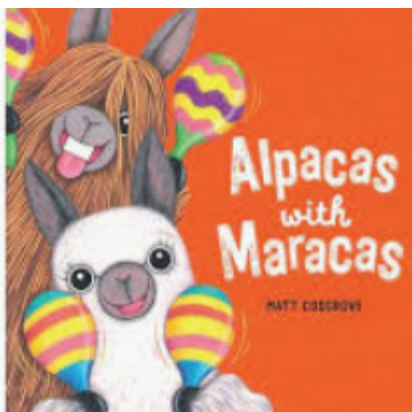
BPS is again participating in the Woolworths Earn and Learn initiative. With every \$10 spent at Woolworths you will receive a sticker which can be placed in the school box of your choice at the front of the store. Stickers can also be dropped into a school collection box at the front office. The Earn and Learn program is partnering with Modern Teaching Aids, Australia's biggest supplier of educational equipment. The stickers collected by our school can be converted into points which we can then use to purchase equipment across a variety of areas including; arts and craft, digital technologies and indoor and outdoor play.



National Simultaneous Storytime

BPS will be hosting National Simultaneous Storytime on Wednesday 22 May 2019 at 11am.

This is an annual campaign that aims to encourage more young Australians to read and enjoy books. It aims to promote the value of reading and literacy, using an Australian children's book that explores age appropriate themes and addresses key learning areas of the curriculum K-6. This year's book is *Alpacas with Maracas*, written and illustrated by Matt Cosgrove.



Hearing, Eyesight and Dental Screening

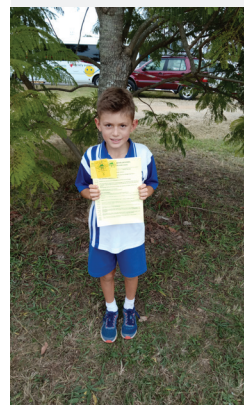
All Indigenous students have been given a permission form to have their ears, eyes and teeth checked here at school by a team from Tobwabba Aboriginal Medical Service.

Please return these forms ASAP so a time can be arranged.

Zone Cross Country

Last Friday 3 May, thirteen of our students headed over to Wingham to compete in the Zone Cross Country competition. Charlie Coombe, Jali Wilson, Sienna Macdonald, Oliver Laurie, Thomas Coombe, Brad Rayner, Sam Ellis, Hugo Laurie, Rory Gambrill, Summer Edwards, Elana Pope and Kane Germon, all put up a great effort. The weather was pleasant, not too hot or cold and the atmosphere was great. The younger students were first to head off before the older years had their turns at the end of the day.

Sienna proved her worth crossing the line in 6th place, qualifying for the regional Cross Country. Charlie started off strong in his race and maintained his efforts the whole race through, being rewarded with second place with his team mates finishing well too. Thomas was not to be left behind from his brother and his race, he also qualified for regionals coming in at 5th. All students represented their school admirably. It was a great day and I was proud to watch them run with such heart. Well done guys.



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The simplest way

... to make beetroot hummus.

Ingredients (serves 8)

2 medium sized beetroots, skin on
400g can chickpeas, rinsed and drained
1/3 cup tahini
½ large lemon, juiced
¼ cup olive oil
2 garlic cloves, crushed
¼ tsp cumin
3-4 tbsp water
Pinch of salt



Method

Pre-heat oven to 200°C. Wrap each beetroot in foil and roast for 1-2 hours (depending on size) until soft. Remove from the oven and cool. Peel and chop into chunks.

Place all ingredients in a food processor with only one tablespoon of water. Process until smooth. Add more water, one tablespoon at a time until the desired thickness is reached.

Visit healthylunchbox.com.au for more recipes and ideas.

healthylunchbox.com.au

The simplest way

... to add variety to the lunch box

Does your child get bored with their lunchbox?

Making a few small changes can keep it interesting. Try these quick tips to add variety



- **Mix up the breads** - instead of sandwich bread try: rolls, wraps or pita pockets.
- **Fruit** provides endless possibilities for variety, pack: different coloured, fresh, whole, diced, sliced, canned or dried fruit.
- Use our [interactive lunch box builder](#) and get your children to choose what they would like packed in the lunch box.
- Try some new [sandwich filling ideas](#) - visit our website for quick, easy and tasty filling combinations.
- Check out our website for new [healthy snack ideas](#).
- Cook extra for dinner and pack leftovers for lunch.

For more tips, recipes and ideas visit our [website](#).

healthylunchbox.com.au

The simplest way

... to make vegies easy to eat.

Eating 5 serves of vegetables and 2 serves of fruit each day doesn't need to be a chore.

It's easy to reach these targets if you **spread your fruit and veg out throughout the day.**



Breakfast: Start your vegie intake in the morning with avocado or baked beans or tomato on toast

Morning tea: try some [zucchini slice](#) or wholegrain crackers and hummus.

Lunch: Include some salad with lunch. Try our tasty [salad recipes](#).

Afternoon tea: have your favorite piece of fruit.

Dinner: Try our delicious vegie filled [recipes](#).

Dessert: Berries and yoghurt or [healthy apple crumble](#).

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The simplest way

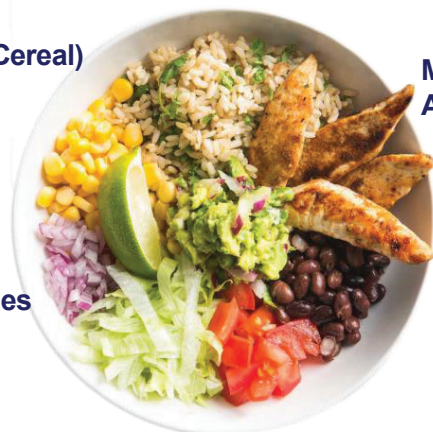
... to ensure your child is eating from the five food groups

Try our nutritious [Chicken Burrito Bowl](#) which ticks off three of the five food groups.

Grain (Cereal) Foods

Meat & Alternatives

Vegetables



Together with a piece of fruit and some dairy, such as a tub of reduced-fat yoghurt, lunch is sorted!

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