

# BARRINGTON

## PUBLIC SCHOOL

Integrity and Excellence



Term 1 Week 6 Tuesday 6 March 2018

### Weekly Awards

**K**

**Kelly Laurie** - 'lovely neat artworks'

**Jordan Cunningham** - 'a big improvement in counting skills'

**1/2**

**Eli Kisi** - 'a SUPER effort in his Speed Test'

**Oliver Laurie** - 'excellent participation in music lessons'

**Indiana Dodds** - 'being a kind and caring classmate'

**Bella Douglas** - 'her enthusiasm and focus during Maths'

**3/4**

**Thomas Coombe** - 'working hard to stay on task and finishing his work'

**Nathaniel Graham** - 'a fantastic start to Year 4'

**5/6**

**Selina Denyer** - 'her expressive use of language in her writing'

**Findlay McIntosh** - 'being a switched on learner'

**Luke Blanch** - 'his great application and participation in Geography'

**Edward Hollingsworth** - 'showing a great commitment to his work'

**Dean Germon** - 'his great application and participation in Geography'

### Level 2 Commendation Certificate

William Coombe.

### BPS Values Award

Hugo Laurie for the value of CARE.



*A proud member of the Bucketts Way Community of Schools*

### COMING EVENTS

#### TERM 1 2018

#### Monday 12 March

Barrington School's tennis team play Gloucester Public School at the Gloucester Courts.

#### Tuesday 13 March

Whole school assembly in 5/6 room at 2.15pm.

#### Friday 16 & Saturday 17 March

Gloucester Show.

#### Friday 23 March

Camp Quality puppet show.  
School's Cross Country at BPS.

#### Wednesday 28 March

Years 3-4 soccer day at Gloucester.

#### Friday 30 March

Public Holiday - Good Friday.

#### Monday 2 April

Public Holiday - Easter Monday.

#### Friday 13 April

ANZAC Service at school.  
Last day of term 1.

### Canteen Roster

#### Monday 12 March

Leanne Hebblewhite and Jenny Webb.

#### Monday 19 March

Belinda Germon and Sam Hardy.

## Medical Information Forms

If there is a form attached to this bulletin, we do not have up to date, important medical information about your child. Please note that if you have indicated your child is an asthmatic, you will also need to provide an up to date, signed asthma plan as well. ***These forms need to be provided to the school immediately, please.***

## National Day of Action against Bullying and Violence - Bullying. No Way!

<https://bullyingnoway.gov.au/NationalDay>

On Friday 16 March 2018, Australian schools will stand united in their communities to celebrate the eighth National Day of Action against Bullying and Violence (NDA). The National Day of Action is Australia's key anti-bullying event for schools and in 2018, schools are called to imagine a world free from bullying. We will be reinforcing that message here at Barrington Public School. The K/1/2 students will take part in some class activities while the students in Years 3-6 will follow up their session from last month with another video conference with the Office of the eSafety Commissioner which will focus on eradicating this unacceptable behaviour permanently and arm our students with strategies to help make that happen.

## P&C

Thank you to our wonderful P&C who have recently purchased the school a set of Sphero balls. Sphero is a spherical robot toy designed by Sphero (the company). It is a white orb wrapped in polycarbonate plastic, capable of rolling around, changing colors, running programs, and being controlled by a smartphone or tablet. These will be used to supplement our classroom programs and help our students develop the skills of future focused learners; creativity, communication, collaboration and critical thinking, which aligns with one of the strategic directions of the 2018-2020 school plan which has a focus on eLearning.

Want to know more? Check out:

[https://www.youtube.com/watch?v=Yg8LmEkl\\_0c](https://www.youtube.com/watch?v=Yg8LmEkl_0c)

Following last week's AGM, the 2018 executive is:

President – Belinda Germon

Vice President – Sharee Pope

Vice President – Jenny Webb

Treasurer – Allison Blanch

Secretary – Kristy Johns

Canteen Co-ordinator – Amanda Ellis

Uniform Co-ordinator – Tanya Denyer

Thank you to all of these people who spend so much time and energy working to improve the resources available to our students.

*A proud member of the Bucketts Way Community of Schools*

Congratulations to the following students who have demonstrated the school's values:

### Week 4

Hugo Laurie.

### Week 5

Summer Edwards, Irelyn Want, Findlay McIntosh, Louis Want and Jackson Bandy.

## Birthdays

Summer Edwards 27.2.18 (11)



## Thank You

The time and expertise of Mr John Hughes and Mr Brett Radford are much appreciated. These gentlemen have visited the school in their own time and marked out a netball court and soccer fields for our students.

**Alison Fittler  
Principal.**

# insights



## Video Games: the good, the bad and getting the balance right

by Martine Oglethorpe



*Video games tend to get a bad rap from parents and the media. There's the fear of your child being locked away in their room for hours on end, inhabiting a virtual world that removes them from family, friends, school work and anything resembling reality. Then there is the fear of what someone might do following a session of first-person shooting, blowing up cars and taking out snipers with an AK47. Not to mention the seemingly wasted hours spent staring at a screen.*

Without doubt there is some substance to some of the fears around gaming obsessions and violent behaviours. However, like many elements of the modern world, the negative impacts are often affecting only a very small minority and often these are in the extreme.

It is safe to say that many, many young people can play video games in a way that benefits their physical, social and emotional wellbeing. Like most things, when game playing is done with balance and perspective, it can actually be a most productive way for a young person to spend their time.

### The benefits of video games

**Cognitive and physical benefits.** There are lots of great skills developed when playing video games. Analysing, thinking, problem solving, creating, team work and collaboration form the backbone of many games. Spatial awareness and hand-eye coordination skills, many of which can be transferred to the real world, are an added benefit. Many workplaces and training institutes use games to simulate real-world situations and the medical field is increasingly using forms of gaming to help with physical and neurological disorders.



**Social and emotional benefits.** Many kids who struggle to fit in at school, or don't make the sports teams, often feel a real sense of belonging, connection and achievement when playing video games. For those who find it difficult to shine in mainstream environments, gaming can be a great way for them to boost their self-esteem and sense of identity in a space that offers comfort, connection and control.

**Thinking outside the box.** Many games encourage players to think outside the box, take risks and critically analyse a situation. There is a lot of trial-and-error required in many games and this helps to develop players' persistence in problem solving tasks as they strive to get to the next level, the next world or create the next big city.

**Stress release.** There is certainly an element of stress release that many games provide for young people. After a long day at school it can be a welcome relief to immerse yourself in a game that allows you to switch off a little.

## Keeping it under control

Of course these benefits won't eliminate the concerns many parents have about game playing, especially of online games. So what are some things we can do as parents to help keep it under control?

**Look at your individual child.** Are they coming to the dinner table without a fight? Are they coming to the table without bringing their device? If they are struggling too much in any of these areas over a long period of time, it might be time to make some changes.

**Come up with time limits together.** Discuss together what you think is fair based on the need to ensure they are striking the right balance and have enough energy for their other pursuits. While your child is young, give them a warning ahead of when you want them stop so they have time to finish whatever they are creating or whatever level they are at in their game. This helps them to get better at regulating their time.

**Play a game with your child.** It is much easier to make rules and boundaries around something that you understand and that they know you understand. Play a game with your child to get a feel for what they enjoy about it, be witness to some of the skills they may be developing and enjoy some important bonding time with your child.



**Remove headphones,** particularly when younger children are playing online games with friends or where others are involved. That way you can have your ears pricked to any bullying, aggressive play or unwanted language.

So next time you are lamenting the time your child spends playing video games, remember that as long as you are able to come up with some rules and boundaries together, you will have a much better chance of keeping game playing healthy and beneficial. With the gaming industry growing rapidly and continually creating and providing for so many other industries, your child may well be working on the skills they'll need in their future career.



### Martine Oglethorpe

*Martine Oglethorpe is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Martine is available for student workshops focused on positive online behaviours, for teacher professional development on how the digital world affects what happens in the classroom and for corporate and parent information sessions. For more information head to her website [themodernparent.net](http://themodernparent.net). Contact details: [info@martineoglethorpe.com.au](mailto:info@martineoglethorpe.com.au), [themodernparent.net](http://themodernparent.net), [facebook.com/themodernparent](https://facebook.com/themodernparent)*



# *Barrington Public School*

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Principal: Ms. Alison Fittler

Phone: 02 65584258  
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**Dear Parents and Caregivers**

## **2018 FUNDRAISING LEVY**

### **What is a Fundraising Levy?**

Barrington Public School P&C requests a fundraising levy from families each year to supplement our major fundraiser. Our school relies on these contributions to provide additional resources equipment and improvements. This also alleviates the P&C from minor fundraisers such as Easter raffle, calendars, bulb orders, etc, as they are time consuming and most parents are too busy working or caring for their families to help organize these activities.

### **How Much?**

The requested contribution is \$30 per family / per term. The fee remains the same at \$30 per family/ per term although we are offering a \$20 discount if paid in full in the first term, so instead of \$120 annual fee it will be only \$100 per family/ per year if paid in term 1.

### **How to Pay**

Please place your contribution with the slip below in the envelope provided and return it to the school office as soon as you are able before the end of term 1. You may choose to pay your contribution as \$30.00 per term (per family), \$60.00 per two terms (per family) or \$100.00 per year (per family).

Ms Alison Fittler  
Principal

Mrs Allison Blanch  
P&C Treasurer

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## **2018 Fundraising Levy**

Please find enclosed cash / cheque for \$\_\_\_\_\_ (full contribution / term / two terms).  
(Please make cheques payable to Barrington Public School P&C)

Family Name \_\_\_\_\_

Name/s of children:

\_\_\_\_\_ Class \_\_\_\_\_

\_\_\_\_\_ Class \_\_\_\_\_