

# BARRINGTON

## PUBLIC SCHOOL

Integrity and Excellence



Term 3 Week 1 Tuesday 24 July 2018

### Weekly Awards - Week 10 Term 2

**K**

**Jordan Cunningham** – 'trying hard when sounding our words'

**Allira Wilson** – 'becoming a braver writer'

**1/2**

**Emily Hebblewhite** – 'her wonderful persuasive writing'

**Kane Germon** – 'his improved enthusiasm and determination in all areas of his learning'

**3/4**

**James Barry** – 'a big improvement in both the content and the presentation of his written work'

**Madison Richards** – 'working towards improving her written work'

**5/6**

**Emma Woods** – 'her quick understanding of new maths concepts'

**Samuel Ellis** – 'demonstrating consistent skills and persistence across all sporting endeavours'

**Jasmin Richards** – 'a much improved approach to work habits'

**Hamish Laurie** – 'applied learning in science'

**Hayden Schultz** – 'improvement in spelling strategies'

### BPS Values Award

**Justin Battams and Lucas Pope** for the values of RESPONSIBILITIES and CHOICES.

**Jali Wilson** for the value of RESPONSIBILITY.



*A proud member of the Bucketts Way Community of Schools*

### Coming Events

#### Term 3 2018

**Wednesday 25 July**

Manning Entertainment Centre - 'Roald Dahl's George's Marvellous Medicine' Permission Note and fee of \$31.00 due.

**Friday 27 July**

Edward Hollingsworth to attend State Cross Country Carnival in Sydney.

**Tuesday 31 July**

ICAS English Assessment. Whole school assembly in 5/6 room, 2.15pm. All welcome.

**Wednesday 1 August**

Yrs K-6 excursion to the Manning Entertainment Centre in Taree.

**Wednesday 8 August**

Manning Zone Athletics Carnival.

**Tuesday 14 August**

ICAS Mathematics Assessment. Whole school assembly in 5/6 room, 2.15pm. All welcome.

**Friday 17 August**

NAIDOC Day at Gloucester Public School for Years K-6.

## Level 2 - Silver Commendation Certificates

Jasmin Richards, Justin Battams, Hamish Laurie, Elana Pope, Stella Thurlow, Charlie Coombe, James Barry, Bradley Rayner and Sienna Macdonald.

## 2018 ICAS Digital Technologies

Congratulations to the following students for excellent results in this recent assessment:

Hugo Laurie	Year 5	Participation
Hamish Laurie	Year 6	Participation
Lucas Pope	Year 6	Participation



## State Cross Country

The best of luck to Edward Hollingsworth of Year 6 who will compete in the State Cross Country carnival this Friday.



Congratulations to the following students who have demonstrated the school's values:

### Week 10

Joshua Jones, Lucas Pope, Logan Webeck, Justin Battams and Connor Carr.

## Birthdays

Irelyn Want 4.7.18 (10)  
Amarlie Stephenson 15.7.18 (11)  
Hayden Schultz 16.7.18 (12)  
Bella Douglas 18.7.18 (7)



## P&C Canteen Roster

Monday 30 July

Amanda Ellis and Karen Webeck.

## Little Athletics for Family, Fun and Fitness

Gloucester Little Athletics Centre will be holding an information and registration day on Tuesday 24 July 2018 at the Athletics Oval from 3.45pm

The first competition night will be held on Tuesday 31 July 2018. Our season runs from July to December.

Our club offers new families a two-week trial period to see if your child/children will enjoy our competition before full registration is required.

Competition nights run from 3.45pm till dark with different events being scheduled over a 6-week rotation. Registration updates will be posted on our Facebook page "Gloucester Little Athletics Centre Inc" or via email [gloucesterlittleathletics@gmail.com](mailto:gloucesterlittleathletics@gmail.com) For more information phone Lyndell Wamsley in 65581738

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# insights

## Not in front of the children!

by Michael Grose



*The things parents say in front of their children have wide-ranging effects on their learning, confidence and behaviour.*

Ever said something about another person in front of your children, only to hear one of the kids repeat those words in public when the subject of your comments is around? Yes, children's blatant honesty can embarrass the hell out of their parents. We need to be mindful of what we say in front of our children.

But being embarrassed by our children is only half the communication story. As celebrated US psychologist Martin Seligman found in his ground-breaking research about optimism, children usually reflect the explanatory style of their primary parent by the age of eight. So, for instance, if a parent is a raging pessimist there's every chance that their kids will pick up and convey the same 'woe is me' way of viewing the world from an early age. As parents, this means we need to be really mindful of how we present the world to our kids.

### **Kids take their cues from parents as trusted adults**



But it's not just with optimism or pessimism that we need to be careful about our messaging. Kids take their cues from their parents as they work out how to behave and belong in all sorts of ways. Tell a child he has a learning difficulty and he'll believe it. Tell a child she has a behaviour problem and she will believe that. Tell them they are no good at maths and the message will more than likely stick. And why not? Children look at parents as wise, trusted adults who know a thing or two about the world. Even adolescents, who are renowned for wanting to challenge the authority and world view of their parents, still use their parents as significant reference points.

Parents who talk down other people – including teachers, friends and family members – in the vicinity of their children are teaching those kids to devalue those same people. Even when we vent about someone else out of sheer frustration we are shaping our children's views about those people.



For all these reasons, as parents we need to be so careful about the messages we give out.

## **‘I don’t have to do that work’**

Recently I heard how a thirteen-year-old girl refused point blank to work for a teacher as her mother had said that the teacher’s expectations were unreasonable. Miss 13 cited her mother’s views when she refused to get to work saying, “My mum says I’ve got a problem with learning. She says you need to take it easy on me but you don’t. I don’t have to do your work!”

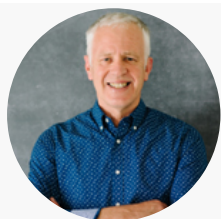
This type of entrenched view is very difficult for a teacher to encounter without ridiculing the parents and the young person. However stories like this are more common than most people think. They reinforce the notion that parents need to be mindful of what they say in front of their children, whether that be about the child’s abilities, their teachers or anyone else.

Negative views can easily shut down kids’ learning. Some children are quicker than others to latch on to even a skerrick of their parents’ negativity as an excuse either not to work or to lower the expectations of others.

## **Sometimes it best to say nothing at all**

As adults we have all sorts of opinions that don’t necessarily need to be shared with our kids. We may hold strong political views for example, but if young people are to formulate their own opinions then it may wise to curb our opinions when they are around.

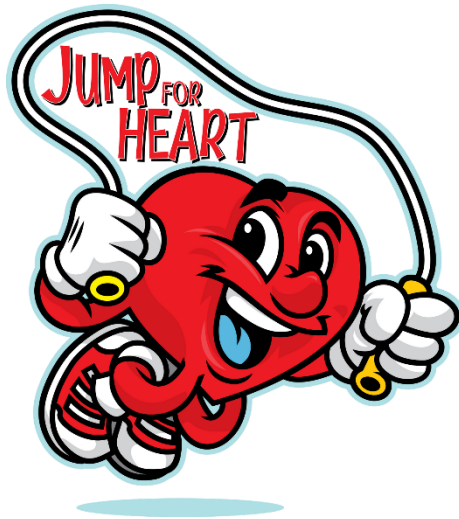
Similarly, it may be smart to keep mum if our views about religion, sexuality and ethnicity are intolerant or don’t follow the mainstream. That’s not to say we don’t discuss these issues at home. Children and parents in healthy families are able to discuss all manner of issues, with even extreme views tolerated and challenged rather than mindlessly expressed and held as if they are the only possible truth.



### **Michael Grose**

*Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children. A trailblazer in the parenting and educational scenes Michael regularly appears in the media throughout Australia in programs including The Project, The Today Show and ABC radio.*

# Jump Rope For Heart



Dear Parents,

This term at school, we will be participating in a '**Jump Rope for Heart**' program. All classes will be learning skipping skills as part of their PE/sports lessons and may like to practise these skills at home too.

On Wednesday 12<sup>th</sup> September, we will be having a '**Jump Off**' day where the students will get to showcase their skipping skills to the whole school and parents.

Attached is a Sponsorship form that explains how to collect money for the Heart Foundation. You can either record any donations on the sponsorship form or register online for a sponsorship account. Online fundraising is the most effective way to make an impact and reach a lot of potential donors. Using your online fundraising page avoids paperwork, saves time, and students who fundraise online typically raise three times more than those who collect cash donations. Students are also eligible to receive bonus prizes if they fundraise online.

Your sponsorship will need to be completed by Wednesday 12<sup>th</sup> September.

We look forward to a fun term of skipping and raising money for a very valuable cause- The Heart Foundation.

Kind regards,

Jenny McIntosh