

BARRINGTON

PUBLIC SCHOOL

Integrity and Excellence



Term 1 Week 4 Tuesday 20 February 2018

Weekly Awards

K

Sophie Webb - 'excellent listening skills'

Sai Chintala - 'his enthusiasm when doing dances or exercises in class'

1/2

Jali Wilson - 'being a great helper around the classroom'

Stella Thurlow - 'showing interest and enthusiasm in Geography'

Kane Germon - 'a huge improvement in his Speed Test'

Naomi Jones - 'an excellent effort in Reading Groups'

3/4

Cobie Walkom - 'settling into his new school beautifully'

Harry Kauter - 'settling into his new school beautifully'

5/6

Amarlie Stephenson - 'using great imagery in her writing'

Kaitlyn Commons - 'being on task and always prepared'

Jackson Bandy - 'his quick maths'

Renee Carr - 'her fantastic improvement in recount writing'

Charli Macdonald - 'being on task and always prepared'

BPS Values Award

Findlay McIntosh for the value of RESPONSIBILITY.



A proud member of the Bucketts Way Community of Schools

COMING EVENTS

TERM 1 2018

Thursday 22 February

Manning Zone Swimming Carnival.

Tuesday 27 February

School assembly in 5/6 room,
2.15pm. All welcome.

Wednesday 28 February

P&C AGM and General Meeting,
3.30pm at school. All welcome.

Canteen Roster

Monday 26 February

Belinda Germon and Erica Laurie.

Monday 5 March

Kristy Johns and Anita Forbes.

Congratulations to the following students who have demonstrated the school's values:

Week 2

Sienna Macdonald, Irelyn Want,
Georgia Ellis and James Barry.

Week 3

Alexander Terras, Jali Wilson,
Stella Thurlow, Oliver Laurie and
Indiana Dodds.

Book Packs

This book pack is supplied by the school at cost (\$40) and contains everything needed in the classroom for the entire year. Please ensure that you have made this payment by this Friday, 23 February.

Transporting Children to School Events

DET policy dictates that the school must sight current copies of your driver's licence, car registration papers as well as a completed 100 point identification check in order for you to transport other children to school events.

As you can imagine, this is a mammoth task which greatly impacts the amount of time required to organise these events in addition to the other paperwork that also needs to be completed (risk assessments, permission notes, excursion applications, etc). We seek your continued co-operation in this regard as we are required to meet these policy guidelines.

Medical Information Form

Each year, we update these as it is imperative that the information we have on file in regard to your children is correct. These forms were sent home with the last bulletin. Thank you to everyone who has returned them. If there is one attached, we have not yet received your child's form and will need you to complete this and return it to school tomorrow, Wednesday 21 February.

Please note that if your child is asthmatic, you will need to supply a health care plan signed by your general practitioner. This plan must be on the correct form supplied by Asthma Australia (Asthma Care Plan for education and care services form.)

We can supply a copy of the form if required. It is a Department of Education requirement that this particular form is used by the doctor and is supplied to the school in colour.

Medication at School

Please note that students are not permitted to carry their own medications at school; this includes panadol and other over the counter medications. School staff are only able to administer prescribed medication and can only do so when the correct form is completed at the school office. Please do not send any over the counter medications to school requesting that the staff administer these. Forms requesting administration of prescribed medications are available at the office.

Visitors' Policy

Please be aware that when entering the school, you are bound by our Visitors' Policy. You must sign on at the office and display a visitors' badge while you are on site. If you are spending any time assisting at the school, you must fill in a 100 point check as well. There is a copy of the policy on our website and it is available at the sign-on desk at the front office as well.

Zone Swimming Carnival

Good luck to the following students who are representing BPS at the zone carnival this Thursday, 22 February: Charli Macdonald, Irelyn Want, Louis Want, Thomas Coombe, Bradley Rayner, Elana Pope and Kaitlyn Commons. We wish everyone the best of luck. Watch this space for a full report on the day.

A proud member of the Bucketts Way Community of Schools

Birthdays

Kaitlyn Commons 8.2.18 (11)
Eli Kisi 9.2.18 (6)
Emma Woods 15.2.18 (10)
Michael Spooner 21.2.18 (12)
Jackson Bandy 26.2.18 (11)



Attendance

At Barrington Public School we are committed to educational excellence. We work in partnership with families to provide children with learning opportunities that will provide a solid foundation for their future.

Research indicates that success in learning is directly proportional to regular attendance and participation in education programs. The Barrington Public School Attendance Policy places priority on the early identification of non-attendance and irregular attendance, and outlines practices to support regular attendance of students in our school community.

Please refer to the Attendance Procedures on the school's website for full details and procedures.

PSSA Sports

Good luck to those students involved in the upcoming PSSA sport trials. Barrington PS is sending students to represent in Basketball, Tennis, AFL and Rugby League. You are sure to do your school proud and put your best effort in.

**Alison Fittler
Principal.**

Gloucester Basketball would like to invite all current and new players for the new season. Starting date is Monday 26th February. Free coaching session for division 2 plays starts at 3:30pm
Division 2 players (Primary school) games between 4pm to 5pm
Division 1 players(High school) games between 5pm to 6pm
Registration fees Under 8 \$20, 8-11 \$60, 12-18 \$70 Plus match fees of \$5 each game
For further information www.facebook.com/gloucesterbasketball Kate 0418263219 Christina 0418423183

Gloucester & District Netball Assoc.

A Netball Fun Day and Registration morning will be held on the 24th February at the netball courts from 9am – 11am. Children turning 5 years of age in 2018 to students in Year 12 are eligible to play Saturday netball. Teenagers turning 14 in 2018 are also eligible to play in the Mixed Twilight competition on a Wednesday night. Names for twilight need to be in by Friday 16th Feb as we start on the 28th Feb. Names are being taken on our Facebook page or phone Sally.
Saturday Netball starts on the 3rd March. There are 3 divisions:
NetSetGO – 5 to 9 year old = \$70 annual fee
Junior Division – Year 3 to Year 6 = \$75 annual fee
Intermediate Division – Year 6 to Year 12 = \$75 annual fee
Intermediate's playing Twilight = \$100 includes fees for Twilight Comp 1 and Saturday netball
All registrations need to be completed online including payment (no cash payments are being taken at the clubhouse)
Gloucester Netball is registered for the Active Kids Program. An option is available on the registration page to use your voucher.
For more information come along to our Fun day, email us on gloucesternetball@gmail.com, contact us through Facebook "Gloucester Netball" or phone Sally Maslen on 0427 582 718.

GLOUCESTER SHOW JUNIOR COOKING SECTION

Stewards: Sandy Tebbet, Mel Power
Contact: Sandy Tebbet – 6515 0510
Entry Fee: 50c per entry
First Prize: \$2.00 Second Prize: \$1.00
Entries in by 9:30am Thursday 15th March
Judging at 10:00am
All exhibits & special prizes to be picked up at 7pm Saturday

4 to 8 years
Most successful Exhibitor - \$20 Prize donated by Mrs J O Higgins
4 x arrowroot biscuits decorated
Vanilla packet cake decorated in a CATTLE THEME
6 x pikelets

9 to 12 years
Most Successful Exhibitor - \$20 Prize donated by Mrs J R Higgins
6 x Cup Cakes decorated in a CATTLE THEME
4 x Gingerbread person decorated
Marble cake (3 colours) pink icing (20cm round cake tin)

13 to 16 years
Most Successful Exhibitor - \$20 donated by Gloucester CWA Evening & Friends of Bakers Creek
6 x Home made biscuits decorated in a CATTLE THEME
Fondant creation depicting GLOUCESTER (to fit on a 20cm plate or board)
14cm Rainbow butter cake – 5 layers (any colours) jam between layers. Frosting to cover cake.
(14cm round cutters available at Gloucester High school food tech department)

N.B. Attached to the last Bulletin was a flyer about a Triple P Parenting Program, please note there has been a change of venue. The program is now being held at the Gloucester CWA Rooms, 108 Church Street, Gloucester on Thursday 29 March.

2018
GLOUCESTER
JUNIOR SHOWGIRL & JUNIOR STOCKMAN

Miss Mini Showgirl: 6-8 Years
Miss Juvenile Showgirl: 9-11 Years
Miss Junior Showgirl: 12-14 Years
Miss Teen Showgirl: 15-17 Years
Entry Fee: Free

Mr Juvenile Stockman: 6-10 Years
Mr Junior Stockman: 11-15 Years

Judging: 9th March 2018 from 3:30pm in the Luncheon Pavilion at the Gloucester Showground

Entries Close: 2nd March 2018 **please note: NO ENTRIES WILL BE ACCEPTED AFTER THIS DATE & NO ENTRIES ON JUDGING DAY**

Contact: Trish Threadgate on 0427588201 for all enquiries

Presentation of winners will be made at the Grand Parade on Saturday 17th March 2018 at 2:30pm

ENTRANTS MUST BE

1. Young ladies & Gentlemen between 5 years to 17 years as at the time of the local judging.
2. A local resident. (A resident attending a local school or being related to a local family)
3. Dress code: Smart casual wear at judging and presentation of the Showgirls & Stockmen at the Grand Parade 2.30pm Saturday 17th March 2018.
4. Entrants will be judged on Personality, General Knowledge, Presentation, Etiquette and Speech.
5. Entrants will have their photo published in the local paper and publicity for the show.
6. Entry form to be posted or emailed to Trish Threadgate, P.O Box 232, or trishthread@hotmail.com no later than 2nd March 2018.
7. Judging will commence Friday 9th March from 3:30pm with Miss Mini Showgirl followed by Miss Juvenile Showgirl, Miss Junior Showgirl, Miss Teen Showgirl, Mr Juvenile Stockman and Mr Junior Stockman.

Circle the appropriate:

Miss Mini Showgirl (6 to 8 years)

Mr Juvenile Stockman (6 to 10 years)

Miss Juvenile Showgirl (9 to 11 years)

Mr Junior Stockman (11 to 15 years)

Miss Junior Showgirl (12 to 14 Years)

Miss Teen Showgirl (15 to 17 Years)

PERSONAL DETAILS

Full Name: _____

Address: _____

Phone No: Home: _____ Mobile: _____ Date Of Birth: _____

Interests & Hobbies: _____

I HEREBY enter the Gloucester Junior Showgirl & Stockman Contest under the conditions set out above which I have read and fully understand. Signed: _____

I AGREE to _____ entering the Gloucester Junior Showgirl & Junior Stockman Competition under the conditions set out above.

Signed: _____ Date: _____

Parent/Guardian

YOUR LOCAL PCYC PRESENTS

BLUE LIGHT DISCO

2/3/18 @ 5.30PM

JUNIOR BLUELIGHT - Yrs K to 2
(last year Preschoolers welcome)

5.30pm till 7pm - \$3 entry
Gloucester Soldiers Club
Entertainment: Mobilistic DJ Disco

LUCKY DOOR PRIZES ON OFFER

NO ALCOHOL | NO DRUGS | NO PASSOUTS

All Blue Light events are drug and alcohol free and supervised by Police Officers



www.pcycnsw.org.au

YOUR LOCAL PCYC PRESENTS

BLUE LIGHT DISCO

2/3/18 @ 7.30PM

JUNIOR BLUELIGHT - Yrs 3 to 7

7.30pm till 9.30pm
\$5 entry
Gloucester Soldiers Club
Entertainment: Mobilistic DJ Disco

LUCKY DOOR PRIZES ON OFFER

NO ALCOHOL | NO DRUGS | NO PASSOUTS

All Blue Light events are drug and alcohol free and supervised by Police Officers



www.pcycnsw.org.au

Good for Kids good for life

ACTIVE TRAVEL IN EVERYDAY LIFE

Active travel to school is a great way to get extra activity in your child's day but sometimes it isn't safe to do so. Luckily active travel can be added into everyday life to get your heart working!

- Check your local area for designated bike paths and ride your bikes to the shops
- Try parking at a greater distance from your location and walking the rest of the way.
- If you use public transport, get off one station before your destination and walk.
- Even making little changes in everyday life such as taking the stairs instead of the elevator can make a big difference.



Good for Kids good for life

SUGARY DRINKS

The *NSW Healthy School Canteen Strategy* was introduced in 2017. As part of the strategy, sugary drinks are not to be sold in the canteen.

Sugary drinks include: regular soft drinks, flavoured mineral waters, flavoured waters, sports waters, sports drinks, fruit drinks, coconut waters, cordials, slushies and frozen fruit drinks with less than 99% fruit juice. All energy drinks are also included.

Our canteen stocks refreshing everyday drinks for the students and includes water, plain and/or flavoured milk and 99% fruit juice.

Why not try cutting back on sugary drinks at home too?



THE GLOUCESTER TENNIS

MUMS & BUBS CLUB

MORNING TEA PROVIDED

For full details, email:

Ruth Johnson
gloucestertennis@hotmail.com

10.30am Thursdays
From 1.3.2018 to 29.3.2018
Gloucester Tennis Club

The Gloucester Tennis Club invites all mums and dads and their children to a social morning of tennis and fun.

We are hitting off on Thursday 1st March, 2018 at 10.30am and will run for five weeks.

Details are attached.

Cost is \$5.00 and morning tea is provided.

We have racquets and balls and plenty of courts available. Also Hot Shots equipment is available for the kids that would like a hit.

We hope you, or someone you know can join us.

Please contact Ruth Johnson on 0418 763 041 for further information.

Regards,

GDTA Committee

insights

Helping children who struggle with learning

by Michael Grose



Parenting is easy when you have a child who is talented and finds learning relatively easy. You can marvel at their performance and feel some measure of parental pride.

On the other hand it's frustrating and, at times, heartbreaking to watch your child struggle to attain even mediocre levels of success at school, in sport or in leisure activities. It's even more difficult if your child repeats a year of learning.

When your child has difficulty at school, your approach as a parent makes huge difference to their self-esteem, the relationship with their teachers and their attitude to learning.

Here are some ideas to keep in mind if you are parenting a child for whom success at school, or in other high-status areas such as sport, just doesn't come naturally.

1. Avoid using other children as benchmarks

Benchmarking your child's progress against that of other children is not a wise parenting strategy. Inevitably it will lead to frustration as there will always be a child who performs better than your own on any scale you use.

Each child has his or her own developmental clock which is nearly impossible to alter. There are slow bloomers, early developers, bright sparks and steady-as-you-go kids in every classroom. It's the first group that can cause the most concern for parents who habitually compare the slow bloomer to siblings, friends' kids and even themselves when they were in school.

The trick is to focus on your child's improvement and effort and use their results as a benchmark of progress and development. *"Your spelling is better today than it was a little while ago"* is a better measure of progress than *"Your spelling is the best in the class!"*

2. Focus on your child's talents

Be mindful that many successful people including Bill Gates, Richard Branson and Facebook founder Mark Zuckerberg struggled at school. Traditional learning wasn't for them. However they each had supportive adults in their lives who helped them find their interests and fostered their talents. Help your child see beyond any limits they put on themselves (*"I'm hopeless at school"*) to see the many other talents and strengths they have.

3. Develop a growth mindset

Recent research shows that people who believe they can increase their intelligence through effort and challenge actually do get smarter and do better in school, work and life over time. It's exciting to know that your child's talent and smarts aren't fixed. Their brain can always learn more, continue to grow and be stretched. Communicate a growth mindset to your kids by focusing your praise more on their level of effort rather than on their natural abilities or talents. Praise the strategies they use and look for opportunities to stretch their capabilities.



4. Be your child's cheerleader

Kids who have to work really hard to achieve need someone in their lives who is able to boost their self-confidence, particularly when they are struggling. Make a fuss over small successes so your child can puff up their chest every now and then. Many adults find it easy to encourage the kids who do well but balk at encouraging kids who struggle or find learning difficult. But it's these children who really need encouragement. As much as humanly possible, comment favourably about your child's effort, contribution and improvement in all areas of life. You can do it!

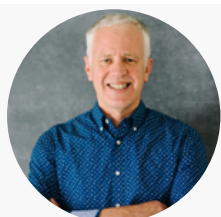
5. Increase their time in activities where they experience success

As a young teacher I remember when a father banned his son from playing football as his school results were poor. I was incensed. This boy found school learning very difficult and football was one area where he was able to shine. I suggested to the father that his son should spend more time, not less, playing football, as this was the activity where he experienced the most success. Children who struggle at school benefit from spending more time in environments where they feel confident and capable, as those feelings can eventually transfer over to other areas – including the classroom.

6. Be mindful that persistence pays off

Children who have to work hard and persist learn an important life lesson: that success in most endeavours takes effort. Those kids who sail through their childhoods without raising a sweat can struggle when eventually they do have to work long and hard to succeed.

Raising kids who find life a breeze is easy. However, parenting kids who take longer to mature, or kids that must put in a 110% effort to achieve, is challenging for any parent. Parenting a child who struggles, or has to repeat a year level, requires you to develop a growth mindset, focus on kids' strengths, be liberal with encouragement and have realistic but positive expectations for success.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.