

# BARRINGTON

## PUBLIC SCHOOL

Integrity and Excellence



Term 2 Week 7 Tuesday 12 June 2018

### Weekly Awards

#### K

Saige Partridge – ‘developing excellent reading skills’

Sai Chintala – ‘displaying clever skills during maths games’

#### 1/2

Joslyn Kilby – ‘showing artistic talents’

Oliver Laurie – ‘being brave and overcoming challenges’

#### 3/4

Connor Carr – ‘working hard to ask more questions’

Louis Want – ‘working hard to slow down and take more care’

Georgia Ellis – ‘great comprehension results’

Irelyn Want – ‘great comprehension results’

#### 5/6

Hugo Laurie – ‘always working hard to improve his English and maths’

Dean Germon – ‘being always on task and reaping the rewards’

Renee Carr – ‘always working hard to improve her maths’

Ruby Wenham – ‘showing great improvement in her writing’

### BPS Values Award

Nathaniel Graham for the values of CARE, CHOICES, RESPECT & RESPONSIBILITY.



*A proud member of the Bucketts Way Community of Schools*

### Coming Events

#### Term 2 2018

Tuesday 12 June

ICAS Spelling Assessment.

Wednesday 13 June

Manning West Small Schools Athletics Carnival for Yrs K-6 at the South St Oval, Tuncurry.

Thursday 14 June

ICAS Writing Assessment.

Tuesday 19 June

Whole School Assembly, 2.15pm in 5/6 room. All welcome.

Monday 25 June

PSSA Small School's Soccer Gala Day.

Wednesday 27 June

Responsible Pet Visit - Yrs K/1/2.

Friday 29 June

Soccer Gala Day.

Tuesday 3 July

Whole School Assembly, 2.15pm in 5/6 room. All welcome.

Friday 6 July

Last day of Term 2.

#### Term 3 2018

Monday 23 July

Staff Development Day.

Tuesday 24 July

Students return to school.

## Commendation Certificates

Indi Dodds, Stella Thurlow, Hunter McKinley, Sophie Webb, Alerah Hardy, Sienna Forbes, Jordan Cunningham, Dean Germon, Lucas Pope, Charli Macdonald, Kaitlyn Commons, Summer Edwards, Kelly Laurie, Saige Partridge, Sienna Macdonald, Thomas Coombe, Jarrah Wilson, Irelyn Want, Georgina Ellis, Nathaniel Graham and Logan Webeck.

## Athletics Carnival

This will take place tomorrow, 13 June at the South St, Tuncurry oval. Students are to be there by 9.00am in full school uniform ready for the day.

## Regional Cross Country

Well done also to Kaity Commons and Edward Hollingsworth who competed at the Regional Cross Country event on Friday, 1 June on a cold and blustery winter's day in Cessnock. Both students had a great day with Edward now going on to compete at the State Carnival on 27 July (Term 3).

## State Hockey

Congratulations to Justin Battams and Dean Germon who represented the Hunter Region at the state hockey carnival last week. Both boys had a great time and were wonderful ambassadors not just for our lovely little school, but also for the entire region. Well done, boys.



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Congratulations to the following students who have demonstrated the school's values:

### Week 5

Kaitlyn Commons, Irelyn Want, Charli Macdonald and Emma Woods.

### Week 6

Elana Pope, Samuel Ellis, Jackson Bandy, Paige Connell and Summer Edwards.

## Canteen Roster

### Monday 18 June

Kristy Johns and Emma Laurie.

### Tuesday 25 June

Bridget Edwards and Lyn Laurie.

## Uniform

Please be aware that it is an expectation that the students from Barrington Public School will wear their uniform with pride. As winter sets in, we are seeing some items of clothing that are not uniform, being worn by our students. The uniform shop is well supplied and stock is readily available so please ensure your children are appropriately attired each day. In addition, there are a large number of jumpers in the lost property box as these regularly get discarded during the course of the day and often do not have the students names on them.

**Alison Fittler**  
**Principal.**



# insights

## A parenting for independence audit

by Michael Grose



Following the release of my book *Spoonfed Generation*, many parents have asked me for some benchmarks so they can assess independence building in their family.

This is a somewhat difficult task as parenting is subjective: every child is different and every parent's personal circumstances are different. However, it's also good to have benchmarks so I created the following audit to help you assess how effectively your parenting is aimed at setting your kids up for independence.

**Give yourself a score from 0 (not at all) to 10 (extensively) on the following eight questions.**

1. Do you insist that your children do self-help tasks themselves on a daily basis. (*Self-help tasks refer to age-relevant everyday jobs such as feeding themselves, making their own beds, making their own school lunches, asking a coach for assistance.*)
2. How much do you expect your children to help at home without being paid?
3. How much opportunity do you give your kids to organise their own lives and take responsibility for the consequences, free from constant reminders and rescuing when they muck up?
4. Do you provide opportunities for your children to expand their horizons and take positive risks? (*Positive risk-taking includes navigating their neighbourhood, walking to school, taking public transport and going to friend's houses.*)
5. How much do you allow your children to make their own decisions about the issues that affect them such as choices of clothing, hobbies and friendships?





6. Do you encourage your children to keep themselves occupied? How good are your kids at keeping themselves occupied rather than relying on you to amuse them or spend time with them?

7. Do your children cooperate and behave well without constant reminders; do they generally behave well independent of you? (*Score higher for never having to remind them.*)

8. Are your children well organised or do they need constant reminders for every day activities such as taking things to school, remembering special days and organising themselves? (*Score higher for being well organised.*)

## Score:

75-80: Wow! Your kids will be out of your hair before you know it.

65-74: Well done. This is a good 'normal' level.

55-64: You/they may have an area or two to pick up on.

45-54: Hmm! You're kids could lift their game a little.

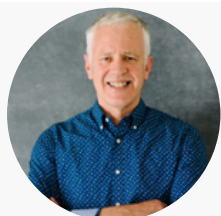
0-44: Let's say there's plenty of room for improvement. Pick one area to work on at a time.

How did you go? Did you score higher on some questions than others? Would you score differently for different children? If so, that's quite natural as parenting is rarely even across the family as we tend to adjust our expectations to suit different kids.



This audit gives an insight into the different aspects of independence and self-sufficiency that I discuss in my book *Spoonfed Generation*. *Spoonfed Generation: How to raise independent kids*: 1. self-help, 2. helping others, 3. responsibility, 4. expanding horizons, 5. autonomy, 6. self-occupier, 7. self-discipline and 8. self-organisation.

You can get your copy at our bookstore now. <https://www.parentingideas.com.au/product/spoonfed-generation/>



## Michael Grose

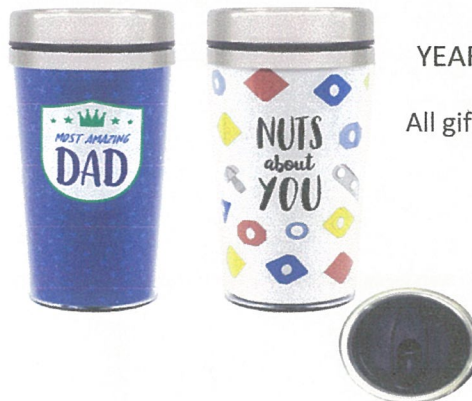
Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.

## FATHERSDAY GIFTS

DAD'S GLASS



THERMAL TRAVEL MUG



NAME: \_\_\_\_\_

YEAR: \_\_\_\_\_

All gifts \$5 each

Note and money in to school office No LATER than this Friday the 15th. So we dont miss Out. Thank you.

PHOTO FRAME



DESK CLOCK AND PEN HOLDER



DUAL TORCH



7 IN 1 ADVENTURE TOOL



SUPER TOOL KIT



STUBBY HOLDER AND MAGNETIC



## GRANDFATHER GIFT'S

GRANDFATHER MUG



MAGNETIC FRAME AND HANGING PLAQUE



GRANDFATHER KEYRING AND STUBBY HOLDER

