

# BARRINGTON

## PUBLIC SCHOOL

Integrity and Excellence



Term 2 Week 9 Tuesday 26 June 2018

### Weekly Awards

#### K

Alerah Hardy – 'a big improvement when sounding out words'

William Coombe – 'becoming a brave writer'

#### 1/2

Hunter McKinley – 'continually working on how neat his writing is'

Alex Terras – 'participating well in music lessons'

#### 3/4

Logan Webeck – 'good speed test results'

Rubi-Roze Tull – 'great work in math groups'

Jarrah Wilson – 'good speed test results'

Kenneth Wright – 'being a more organised worker'

#### 5/6

Justin Battams – 'excellent spelling results'

Kaitlyn Commons – 'solid maths results'

Michael Spooner – 'good knowledge in measurement and space'

Lucas Pope – 'big improvement in attitude and work ethic'

### BPS Values Award

Dean Germon for the value of CARE.



*A proud member of the Bucketts Way Community of Schools*

### Coming Events

#### Term 2 2018

Wednesday 27 June

Responsible Pet Visit - Yrs K/1/2.

Friday 29 June

Soccer Gala Day at Wingham.

Tuesday 3 July

Whole School Assembly, 2.15pm  
in 5/6 room. All welcome.

Friday 6 July

Last day of Term 2.

#### Term 3 2018

Monday 23 July

Staff Development Day.

Tuesday 24 July

Students return to school.

Wednesday 1 August

Yrs K-6 excursion to the Manning  
Entertainment Centre in Taree.

Wednesday 8 August

Manning Zone Athletics Carnival.

### Holidays and Staff Development Day Term 3

School holiday time is upon us  
again. Term 2 will finish next  
Friday, 6 July. Staff will return  
to work on Monday, 23 July  
when most of us will be joining  
Gloucester Public School to  
complete our first aid training.  
Students return to school on  
Tuesday, 24 July.

## Level 2 - Silver Commendation Certificates

Amarlie Stephenson, Selina Denyer, Samuel Ellis, Ruby Wenham, Rubi-Roze Tull, Louis Want, Connor Carr, Joshua Jones, Harry Kauter and Kenneth Wright.

## Whole School Excursion

A separate note is attached to the Bulletin about this activity. The whole school will be attending a live performance of Roald Dahl's George's Marvellous Medicine on Wednesday, 1 August. Please ensure notes and money are returned on time. There will be no supervision available for students at school on this day as all of the teachers will be accompanying the excursion.

## Attendance

At Barrington Public School we are committed to educational excellence. We work in partnership with families to provide children with learning opportunities that will provide a solid foundation for their future. Research indicates that success in learning is directly proportional to regular attendance and participation in education programs. The Barrington Public School Attendance Policy places priority on the early identification of non-attendance and irregular attendance, and outlines practices to support regular attendance of students in our school community.

Please refer to the Attendance Procedures on the school's website for full details and procedures.

## Electronic Devices and Phones

Please note the students are not permitted to have iPods, iPads and phones at school or on any school related activities or excursions. If your child carries a phone or device with them to and from school, it will need to be handed into the office each morning and picked up in the afternoons when school is dismissed for the day.

## Parent Interviews

Students' Semester One reports were sent home with each child yesterday along with a booking sheet for parents to meet with their child's teacher. Teachers will be available next week and we would strongly encourage everyone to take this opportunity to come and hear about your child's progress at school.

Congratulations to the following students who have demonstrated the school's values:

### Week 8

Charlie Coombe, Charli Macdonald and Kaitlyn Commons.

## Birthdays

Hunter McKinley 25.6.18 (7)



## P&C Canteen Roster

**Monday 2 July** - Lyn Laurie and Kristy Johns.

Please note there will be **NO CANTEEN** on Tuesday 24 July, 2018.

Canteen will resume on Monday 30 July - Amanda Ellis and Karen Webeck.

## State Cross Country

Good luck to Year 6 student, Edward Hollingsworth, who will be representing BPS at this event on the first Friday of Term 3, 27 July. We look forward to hearing all about Edward's day and hope he has a great time.



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## PSSA Small Schools' Soccer

We played the second round against Stroud Public School on Monday. This was a very hard game and even though Barrington were winning 3-0 at half time it wasn't a pushover. Lucas scored one goal and Justin scored two. Stroud came back in the second half and scored three quick goals equalising at full time. On a count of penalty corners, Barrington was the eventual winner 3-2. Thank you to all the parents and grandparents who transported and cheered us on. A big thanks to John Hughes for giving up his time to coach.



## Athletics Carnival

Thank you to everyone who was able to travel to the carnival last week. Although quite chilly, a great day was had by all. Congratulations to:

Juvenile Boy Champion – William Coombe

Junior Girl Champion – Sienna Macdonald

Junior Boy Champion – Bradley Rayner

Well done to Coolongolook PS who took the trophy home on the day.



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## Soccer Gala Day

Good luck to the soccer team who will be backing up with a Gala Day performance this Friday, 29 June.

Thanks to super coach, Mr John Hughes, who has once again volunteered a large number of his own hours to train and support this team.

Please meet Mrs Faull at Wingham at 9.30am.

## Manning Zone Athletics Carnival

Details about the zone carnival are currently being finalised and will be sent home to the appropriate students as soon as they are available. This event will take place next term, Wednesday, 8 August.

## Stratford Coal Grant

Mrs Young and I recently attended an event hosted by Stratford Coal at Stroud Country Club. As part of the Stratford Coal Community Support Program, the school was the recipient of \$1000.00. This grant will be used to access the online program Reading Eggs. ABC Reading Eggs makes learning to read interesting and engaging for kids, with great online reading games and activities. Thank you to Stratford Coal who has provided this opportunity for our students.

**Alison Fittler**  
Principal.

# insights

## Secrets of managing boys' behaviour

by Michael Grose



*Boys are behaviourally more challenging for parents than girls. Their physical nature, their boisterousness and their propensity to push boundaries can be challenging, particularly if parents are used to managing girls.*

There are some basic rules to follow when managing boys. If you follow these then I believe you'll successfully raise a boy who is eager to cooperate with you, will adapt to most of the social situations he encounters and, importantly, will treat others with dignity and respect. In a nutshell, a well-behaved boy!

### **1. Boys like rules, limits and expectations**

Boys like to know who's in charge and what the rules are. They also like to know that someone will enforce those rules. They are hierarchical by nature too, so don't be too wishy-washy about who's in charge. You don't have to use the same authoritarian methods as your parents may have used, but don't be afraid to take a firm lead with your sons.

### **2. Boys learn from consequences (natural and logical)**

Boys are more likely to be heuristic learners than girls. That is, they are more likely to learn from experience. Parents then need to allow boys to experience the consequences of their poor choices so they learn not to behave in those ways.

Protecting boys from their poor choices doesn't develop responsibility or independence. Telling them they need to improve their behaviour doesn't work either. Let them experience the negative consequences of poor behaviour and they will be more likely to change their ways. It just takes a few negative experiences before they learn.

Boys will cop most of your discipline as long as it's fair and reasonable. However, fairness is not only about being even-handed with your discipline. Particularly when implementing consequences, fairness is about being just, about not going too far with your consequences and about respecting their dignity: the three Rs of discipline:

**Related:** the consequence is related to what they have done. (Late home so don't go out next time.)

**Reasonable:** you don't go too far with a consequence. ("You're grounded for a day" rather than "You're grounded for a month.")

**Respectful:** boys maintain their dignity throughout the discipline process. (Consequence given in a friendly, calm way.)

### 3. Boys love consistency

Boys love consistency in their parents – it makes them feel that they are in control. On the other hand, parents who exhibit extreme emotional highs and lows can make life difficult for boys as all the boys' energy is consumed dealing with fear or the uncertainty of life. In a behavioural sense, boys also like to know that their parents mean what they say and say what they mean. Again, they like to be able to predict their parents' reactions, which gives them a feeling of control. Follow through with consequences rather than just threaten or shout. They'll respect you for it and know that you love them.



### 4. Manage visually

Use boys' heightened visual awareness to advantage by using lists, checklists and rosters to do the managing. In particular, most boys and all kids on the autism spectrum like the constancy and consistency of visual messages and reminders that support and reinforce verbal communication.

### 5. Teach them how to cool off

Methods such as time out, cuddling and comforting are useful to help young children learn to cool down. As boys move into school age and beyond, help them understand the triggers that can lead to anger, then discuss various methods to help them regain some calm. Deep breathing, getting some exercise or thinking about something different are simple ways of relaxing. Work out some ways with your son that will help him stay cool and in control when he needs to.

### 6. Get them to reflect on what they've done

If a boy misbehaves, never ask him "Why?" He usually won't be able to tell you. Instead, get him to revisit the moment of poor behaviour and try to get a window into his thinking or motivation at the time. "What were you thinking about when you did ?" "What was going on to make you want to do that?" "What will you do differently next time?" This type of question helps ensure that boys learn from their experiences so they behave differently the next time they are in a similar situation.



## 7. Encourage boys to repair and restore relationship breakdowns

Many boys naturally move on after conflict. This is often perceived as a strength or a positive compared to girls who can make conflict linger far longer than necessary. However, boys can often neglect repairing relationships as a result, which can lead them to be perceived as callous or uncaring. Following conflict with a sibling or a friend, encourage boys to make amends with the aggrieved person, either with an apology or an act of kindness. Alternatively, consider sitting down with both 'sides' to discuss what happened, what they might do differently next time and, in some cases, so that your boy can listen to how the aggrieved person felt about what happened. Some boys need assistance to develop the empathy to see how their remarks or behaviour can adversely impact others.

*Learn some great skills and knowledge to help you successfully raise the boys in your family in my practical 3-week Parenting Boys course. It's available now at [Parentingideas.com.au](https://parentingideas.com.au).*



### Michael Grose

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.*



# BARRINGTON

## PUBLIC SCHOOL

Integrity and Excellence

26<sup>th</sup> June 2018

Dear Parents and Caregivers,

On Wednesday, 1<sup>st</sup> August, 2018, the students from K-6 will be traveling to the Manning Entertainment Centre in Taree to watch a live theatre production of **Roald Dahl's 'George's Marvellous Medicine'**.

*'What starts as just another boring day for George quickly turns into a marvellous experiment of epic proportions! Cleverly adapted from the much-loved book by Roald Dahl, George's Marvellous Medicine bounds off the page in a spectacular live show for the whole family.'*

This is a great opportunity for our students to experience a quality, live theatre production. Travel will be by bus which will leave the school at 9.00am sharp, and return at approximately 1pm in time for our normal lunch at school. All students will need to wear full school uniform and will be taking their recess and a drink on the excursion. Please note that all class teachers will be attending the excursion and will fully supervise students at all times. There will be no supervision available for students at school this day.

The cost of the excursion will be \$31 for each student.

Please return the signed permission slip and money by Wednesday 25<sup>th</sup> July 2018.

If you would like to discuss the financial aspects of this activity, or apply for assistance in this regard, please do not hesitate to contact the school for a confidential appointment.

Alison Fittler

Principal

.....  
I grant permission for my child/ren \_\_\_\_\_ to attend the performance of **George's Marvellous Medicine** at the Manning Entertainment Centre in Taree on Wednesday, 1<sup>st</sup> August 2018.

I understand that travel will be by bus and confirm that the medical details held on file for my child/ren are current.

**I enclose \$31.00 per child to cover the cost of this activity.**

Payment can also be made electronically via the school web page. Please indicate below if you have chosen to pay via this method.

Signed \_\_\_\_\_

Date \_\_\_\_\_

*A proud member of the Bucketts Way Community of Schools*

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Principal: Mrs Alison Wise