

BARRINGTON

PUBLIC SCHOOL

Integrity and Excellence



Term 4 Week 5 Tuesday 13 November 2018

Weekly Awards

K

Sai Chintala – 'fabulous progress in reading'

Sienna Forbes – 'fabulous progress in reading'

1/2

Bella Douglas – 'using excellent expression during reading groups'

Alex Terras – 'his improved expression when reading'

Jali Wilson – 'always remembering his friends of 10 and 20'

3/4

James Barry – 'enthusiastically participating in all tasks'

Thomas Coombe – 'always applying himself to all tasks'

Harrison Kauter – 'great use of descriptive language in writing'

Irelyn Want – 'adding great detail to her writing'

5/6

Georgia Graham – 'writing a well summarised text'

Edward Hollingsworth – 'his co-operation in art'

Hayden Schultz – 'writing a well summarised text'

Amarlie Stephenson – 'being a fluent reader'

BPS Values Award

Kaitlyn Commons for the value of RESPONSIBILITY.



Coming Events Term 4 2018

Monday 19 November to Friday 30 November

Intensive Swimming Scheme.
Not proceeding

Wednesday 21 November

Year 6 Transition to Gloucester High School.

Wednesday 28 November

Kinder Orientation Morning.

Wednesday 5 December

Year 6 Transition to Gloucester High School.

Tuesday 11 December

Presentation Evening at the Gloucester RSL Auditorium.

Thursday 13 December

Year 6 Farewell.

Wednesday 19 December

End of term for students.

Thursday 20 and Friday 21 December

Staff Development Days.

P&C Canteen Roster

Monday 19 November

Emma Laurie and Sam Hardy.

Monday 26 November

Sharee Pope and Georgie Edwards.

A proud member of the Bucketts Way Community of Schools

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Level 2 - Silver Commendation Certificates

Emily Hebblewhite, Alex Terras, Jordan Cunningham, Sophie Webb, Alerah Hardy, Saige Partridge, Sienna Macdonald and Rubi-Roze Tull.

2018 Newcastle Permanent Primary Mathematics Competition Results

Merit Awards Year 5

Jackson Bandy and Elana Pope.

Distinction Awards Year 5

Paige Connell and Selina Denyer.

Merit Awards Year 6

Justin Battams, Luke Blanch, Kaitlyn Commons, Georgia Graham, Charli Macdonald and Lucas Pope.

Participation Awards Year 5/6

Summer Edwards, Samuel Ellis, Dean Germon, Hamish Laurie, Hugo Laurie, Jasmin Richards, Hayden Schultz, Michael Spooner, Amarlie Stephenson and Emma Woods.

Gloucester High School Tri Challenge

Kaitlyn Commons of Year 6 was awarded a certificate from the Gloucester High School for the Fastest Primary Female Run Leg (25.47), at their recent Tri Challenge.



A proud member of the Bucketts Way Community of Schools

Congratulations to the following students who have demonstrated the school's values:

Week 3

Logan Webeck, Lucas Pope, Hamish Laurie, Sophie Webb and Naomi Jones.

Week 4

Hunter McKinley, Logan Webeck, Charlie Coombe, Hugo Laurie and Jali Wilson.

Birthdays

Alerah Hardy 7.11.18 (6)

Oliver Laurie 8.11.18 (8)



CWA Award

Emma Woods, Year 5 has received a certificate of achievement and second prize for her powerpoint presentation on Poland. It was an outstanding presentation with a good mix of pictures covering population, area, history and location. Also included festivals, art, food, agriculture, weather, education, rules for girls and women, clothing, religion, music, language and the Bibliography.

It was awarded by the Mid North Coast CWA 2018 International Officer Mrs Penny Britton.

Thank you to the children who took the time to do the powerpoint presentations. They were all judged and had a good selection of information and pictures.

Next year our international study will be Papua New Guinea and we will be asking you again to enter the powerpoint competition if you are interested.



Swimming Scheme

Unfortunately, due to lack of numbers, the Intensive Swimming Scheme will not be proceeding this year. If you have sent money in for the Swimming Scheme can you please come and collect your refund.

A proud member of the Bucketts Way Community of Schools



Imagine someone's old
BECOMING YOUR NEW

GLOUCESTER TIP SHOP

Open Day, Saturday 17 November



Whether you're a craft lover, a bargain hunter, a retro collector or looking to rehome something pre-loved, there's plenty to love about Gloucester Tip Shop.

Join us for Open Day during National Recycling Week:

Where: 385 Thunderbolts Way
Gloucester

When: Saturday 17 November

From: 10am - 4pm

- Browse a range of household items, furniture, toys... even kitchen sinks!
- Pick up a bargain, a gift, or your next creative project
- Find out what can (and what can't) be recycled at our CRC

Check our Facebook page for updates /GloucesterTipShop or contact us for more info by calling 6538 5250, or emailing recycling@midcoast.nsw.gov.au

FREE UPCYCLING WORKSHOPS
Bookings essential - phone 6538 5250 or visit www.trybooking.com/YUWF

Upcycling ideas for your garden

- Hosted by Gloucester Men's Shed
- Two sessions: 10 - 11am, and 11am - 12pm

Share your upcycling project

- Bring an item you've created (or a photo) and receive a free tip shop voucher
- 12 - 1pm (light lunch provided)

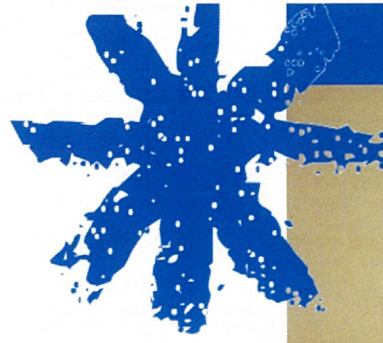
Upcycling for kids

- Help your kids get crafty
- Two sessions: 1 - 2pm, and 2 - 3pm

See over for upcycling inspiration

www.midcoast.nsw.gov.au

insights



How to get kids off to school on time without yelling, whining or constantly reminding!

by Michael Grose

Getting kids to school on time can be infuriating and anxiety-inducing for parents, especially if you work! The clock just keeps ticking and doesn't make allowances for morning meanderers. It's easy if your child is the bright-eyed, bushy-tailed type who wakes up ready and focused for school. But what if you have a child who needs time to wake up, and is easily distracted by the television, a pesky sibling or even the family pooch that wants to be patted? What if you have a child who drags the chain and wouldn't get to school without at least five parental reminders to hurry up? In these cases mornings can be chaotic and very stressful.

If you struggle with peace, harmony and getting kids focused on school these suggestions will help you make mornings run a littler smoother.

1. Prepare as much as you can the night before

It may be stating the obvious but the less that children have to do in the morning the better. So putting clothes out, preparing lunches and snacks and having school bags packed and ready the night before will mean there is less decision-making and less for everyone to worry about in the morning.

2. Identify and overcome distractions

As mentioned above, children can easily be distracted before school. If possible remove distractors such as televisions and digital devices. Allow them when everyone is ready for school. Minimise the impact of other distractions such as managing argumentative siblings. Stay out of these arguments as your attention usually just inflames sibling disputes. Be liberal with encouragement, affection and once-only reminders in the morning and minimise conflict resolution, arguments and angry words.

3. Make your morning routine visual

If, for whatever reason, your child randomly and dreamily wanders from one activity to another then consider placing a sequenced photo chart of 4 or 5 main activities (e.g. wake up, breakfast, get dressed, chores, pack bags) in a prominent place that he or she can refer to each morning. This visual prompt will help put some routine into your child's morning, as well as reduce their dependence on you.

4. Delegate some responsibility

Consider delegating the job of keeping a wayward child on track to a capable, bright-eyed, bushy-tailed sibling. Let me explain. If you come from a family of four or more children then there is a reasonable chance that either you or a sibling took charge of many aspects of the family routine, including getting kids up each morning and off to school. This is not so much a case of parents neglecting their responsibilities but rather letting go of the minutiae of management. When this happens a capable and caring child will generally fill the parental void. Alternatively, a parent may purposefully give that job to a child. Either way, delegation is a great way of instilling parenting skills into the next generation as well as keeping children from being dependent on their parents.

5. Make yourself scarce

If you find it impossible to ignore your child's morning meanderings or misbehaviours, or if you think that there is no way your child would get to school without your timely reminders then try keeping yourself busy. Get yourself ready for the day and give your children the space to work things out themselves. You may be surprised how capable your child is, when no one reminds him or her of their responsibilities. **A word of warning:** Your child may test out your resolve by doing very little to get him or herself ready. If so, be prepared to give the next idea a go.

6. Be willing to take your child to school even if they aren't fully ready

If keeping up appearances is important then you will struggle with this idea, but bear with me. Your job as a parent is to shift the responsibility of getting to school to the person who should bear it – that is, your child. When you worry more about something than a child then that task becomes your responsibility. Mornings will always be stressful if you take responsibility for kids being at school on time. One way around this is to be willing to take your child to school even if they are not fully ready. It may mean your child has to hurriedly put his or her shoes and socks on in the car, or perhaps finish that piece of toast on the way to school. Doing this may make you feel like a mean parent but if you do it in a reasonable, matter-of-fact way then you are guilty of nothing more than putting a little responsibility the way of your child. Children will usually learn more from your actions than your words.

It's times such as bedtime, mealtime and mornings when children transition from one activity to another that brings so much stress for parents. Often children just want to keep doing an activity they enjoy rather than go to bed, join you at the meal table or go to school as required. It's easy to be drawn into arguments and disputes with children who don't want to play the cooperation game. It helps at these times to stick to a known routine (that may be individual for each child); to talk a little less (cue them once but no more); and be willing to put a reasonable action or consequence in place so that children take some responsibility themselves.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children. A trailblazer in the parenting and educational scenes Michael regularly appears in the media throughout Australia in programs including The Project, The Today Show and ABC radio.



YOUR LOCAL PCYC PRESENTS
**BLUE
LIGHT
DISCO**

30/11/18 @ 5.30PM

JUNIOR BLUELIGHT - Yrs K to 2
(last year Preschoolers welcome)

5.30pm till 7pm - \$3 entry
Gloucester Soldiers Club
Entertainment: Mobilistic DJ Disco

LOTS OF LUCKY DOOR PRIZES ON OFFER

NO ALCOHOL | NO DRUGS | NO PASSOUTS

All Blue Light events are drug and alcohol free and supervised by Police Officers



www.pycnsw.org.au



YOUR LOCAL PCYC PRESENTS
**BLUE
LIGHT
DISCO**

30/11/18 @ 7.30PM

JUNIOR BLUELIGHT - Yrs 3 to 7

7.30pm till 9.30pm
\$5 entry
Gloucester Soldiers Club
Entertainment: Mobilistic DJ Disco

LOTS OF LUCKY DOOR PRIZES ON OFFER

NO ALCOHOL | NO DRUGS | NO PASSOUTS

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HUNTER VALLEY GARDENS XMAS LIGHT SPECTACULAR SATURDAY 15th DECEMBER 2018



\$25 per adult
\$20 per student (U/18)

To secure your seats - phone or text your details to
0475 563 043

GLOUCESTER BLUE LIGHT WILL COVER TRANSPORT COSTS
(Coach travel)