

BARRINGTON

PUBLIC SCHOOL

Integrity and Excellence



Term 2 Week 4 Tuesday 17 May 2016

Weekly Awards

Term 2 Week 3

K/1

Alex Terras – 'trying hard to write neatly'

Logan Webeck – 'gradually becoming more fluent when reading'

2/3

Bradley Rayner – 'an awesome effort with homework'

Amarlie Stephenson – 'great listening in class'

4

Justin Battams – 'much improved focus and attention in class'

Sienna Marzato – 'her imaginative writing'

5/6

Chelsea Webeck – 'working hard to improve her reading comprehension'

Hayley Connell – 'going the extra mile to improve her persuasive writing'

Silver Commendation Certificates

Jack Yarnold, Chelsea Webeck, Selina Denyer, Irelyn Want, Stella Thurlow and Hamish Laurie.

Congratulations to the following students who have demonstrated the school's values this week:

Samuel Ellis, Amarlie Stephenson, Hugo Laurie, Georgia Graham, Logan Files, Selina Denyer and Irelyn Want.

Weekly Awards Week 4

K/1

Emily Hebblewhite – 'being a happy and enthusiastic class member'

Phoebe Paynter – 'excellent reading skills'

2/3

Jarrah Wilson - 'using great listening skills'

Emma Woods - 'her enthusiasm in all she does'

4

Charli Macdonald – 'putting 100% effort into all learning tasks'

Nathan Radford – 'his enthusiasm for Tuesday groups'

5/6

Ella Howe – 'her application in reading comprehension'

Ethan Cawthorn – 'excellent reading comprehension'

COMING EVENTS

TERM 2 2016

Friday 20 May

\$50.00 instalment due for Coffs Harbour Excursion.

Friday 3 June

\$50.00 instalment due for Coffs Harbour Excursion.

Wednesday 8 June

Life Education Van.

Monday 13 June

Public Holiday - Queen's Birthday.

Wednesday 15 June

Athletics Carnival at Tuncurry for the whole school.

Friday 17 June

\$50.00 instalment due for Coffs Harbour Excursion.

Friday 1 July

NAIDOC day at the Gloucester Public School. \$50.00 instalment due for Coffs Harbour Excursion. Last day for term 2.

Birthdays

Ryan Marzato 12.5.16 (12)

Joshua Jones 17.5.16 (7)

Canteen Roster

Monday 23 May

Bridget Edwards and Belle Graham.

Monday 30 May

Kristy Johns and Jo Radford.

A proud member of the Bucketts Way Community of Schools

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BPS Values Award

Michael Spooner for the values of CARE, CHOICES, RESPONSIBILITY and RESPECT.



GRIP Leadership Conference

On Monday 9 May Year 6 travelled by bus to Club Forster for the young leader's conference. We travelled with the leaders from Gloucester Public School. The leadership conference is a practical and interactive day that teaches the students how to grow as leaders as well as giving them strategies to deal with bullying to themselves and others. The day is always fun with many games, movie clips and scenarios that guide these young leaders to become better role models in their school.



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Cross Country

On Friday 6 May, 18 students travelled to Wingham Sporting Complex for the Zone Cross Country. It turned out to be an unseasonably hot day and the runners did it tough. Many runners were forced to withdraw through stitches and heat exhaustion. The Barrington students did their best and the following students placed in the following.....

Ethan 14th

Beau 17th

Sarah 15th

Ruby 33rd

Justin 13th

Sam 37th

Zane 55th

Natalie 24th

Kaitlyn 3rd

Dean 32nd

Irelyn 62nd

Sienna 30th

Lucas 56th

Summer 31st

Bradley 17th

Bryn 52nd

Evaena and Logan withdrew due to heat exhaustion.

A big congratulations to Kaitlyn Commons who will now compete at the Regional Cross Country in Newcastle.

P&C News

Thank you to all who took the time and effort to donate cakes for our wonderful Grandparents day and thank you to those who helped give their time to serve on the day. As the cooler weather sets in we are holding another pie drive and orders must be in no later than Friday 3 June. (order form attached) So please ask any family or friends to order as much as you like. All monies raised goes towards equipment for the children. Please find attached Winter Menu for terms 2 & 3, **to start Monday 23 May.**

Science and Engineering Challenge

What a fabulous effort by the year 5 & 6 boys and girls last week. Stage three represented their school on Wednesday, 4 May in an exemplary manner at the annual Discovery Day Science and Engineering challenge. The year five girls (Toreen, Natalie, Chelsea and Ella) were certainly not in a tangle over the string-along challenge. The year 6 boys (Ryan, Isaac, Ethan and Will), perhaps a little enthusiastically, turned the mini-pult challenge into a 'mega-pult' with a contraption so powerful, it kept hitting the ceiling. The mixed team (Hayley, Beau, Ruby and Connor from Krambach) lit up when it came to the Electric city challenge. Our second mixed team (Jack, Zane, Sarah and Georgia) had a buggy design that was a little out this world in the Mars challenge.

Each and every student worked as a team and puts their brains to grindstone to manipulate and experiment with their designs. All of their hard work paid off too, placing a very close second behind Manning Valley Anglican College. I am very proud of their attitude and their tenacity toward their varied challenges, well done students.

Mr Keen (Science coordinator)



Grandparents Day

Thank you to all the Grandparents and parents who attended another very successful day on Friday last week. It was lovely to have so many Grandparents showing interest in their grandchildren's work and performances. Once again our bookfair was a huge success, raising a substantial amount of money, enabling our school to purchase valuable resources. Thank you to all those who contributed to a very enjoyable day.

Alison Wise Principal.

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PSSA Netball

On Monday morning our girls netball team travelled all the way to Gloucester to play Gloucester Public School in the first round of the PSSA netball competition. The two teams were very evenly matched and in a hotly contested battle Barrington went down 12-10. Gloucester will now move through to the next round to play Dungog. Congratulations to our girls who played the game with great sportsmanship – you represented BPS with distinction. A big thank you to Sally Maslen who gave up her time last Wednesday to provide the girls with some professional coaching, together with Betty Pearson, Jessica Anniwell and Sally again for umpiring the game. As always a big thank you to our parents who provided transport and a cheer squad for the girls.



Canteen Icy Poles

For a limited time products from icy-pole day are available in the canteen on a Monday until sold out. Some of the usual cold products may not be available while we sell the icy-pole day products. Thank you.
Amanda - Canteen Coordinator.

Good for Kids good for life

HEALTHY LUNCHBOX INSPIRATION

When packing lunchboxes it's easy to fall into a routine. It can be difficult to think of new, interesting and healthy options to include. Why not try some of the following healthy ideas in your child's lunchbox?

- Pita pockets with tuna/corn/mayo mix
- Sushi rolls
- Rice cakes with low fat cheese and tomato
- Savoury muffins packed with vegetables
- Vegetable fried rice
- Mini pizzas from dinner leftovers
- Triple decker sandwich fingers
- Cheesy tomato vegetable pasta



For more healthy lunchbox ideas visit the 'Packing Healthy Lunchboxes' section of the Good for Kids website:

www.goodforkids.nsw.gov.au



PHONE 4924 6499

Good for Kids good for life

DROP THE TEMPERATURE, RAISE THE HEARTRATE

Indoor activities don't have to be boring! Although it's getting cold outside there are still plenty of ways to get the heartrate up this winter!

Here are some ideas that involve indoor active fun:

- Free indoor play grounds in shopping centres
- A visit to the science museum (often free entry)
- YMCA kids programs
- Gymnastics
- Indoor Trampolining
- Bowling
- Ice Skating
- Indoor skate parks, sports and swim centres



Why not look into what is available in your local area today and ask if they do discount deals for seasonal entry?



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Good for Kids good for life

EATING WITH THE SEASON

A change in season brings with it a change in seasonal fruit and vegetables. Cooking with fruit and vegetables that are in season not only supports sustainability but also lowers the price of your grocery bill!

Here are a few fruit and vegetables in season over the coming months:

- Apples
- Mandarins
- Kiwi Fruit
- Oranges
- Pumpkin
- Sweet potato
- Parsnip
- Broccoli



Make sure you include these in your grocery shopping over winter!



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Good for Kids good for life

GOOD NUTRITION FROM DAWN TO DUSK

Regular snacks throughout the day help control blood sugar levels and regulate mood swings.

Having a healthy snack prepared when the kids come home from school can improve homework productivity and reduce irritability before dinner.

Why not try some of these afternoon snack ideas:

- Savoury pikelets
- Warm Milo with low fat milk
- Wholegrain toast fingers with low fat cheese
- Raisin toast
- Fruit & vegetable smoothies
- Fruit slices
- Homemade frozen yoghurt and fruit pops



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BPS CANTEEN WINTER MENU TERM 2 & 3

RECESS		RECESS	
Green (Best Choice)		Amber (Select carefully)	
Carrot Sticks w Corn Relish Dip (6 Carrot Sticks)	\$1.00	Home Style Pizza Hawaiian OR Ham & Cheese	\$1.80
Garlic Dinner Roll	.80c	Banana Bread (1 Slice Warm)	\$1.50
Popcorn	.30c	Muffin (Choc Chip, Blueberry, Apple & Cinnamon)	\$1.50
		Mini Hash Brown	.30c
DRINKS			
Warm Milo (Lite Milk)	\$2.00		
Chocolate Moove Lite Milk	\$1.60		
Strawberry Moove Lite Milk	\$1.60		
Water 350ml	\$1.50		
Just Juice	\$1.00		
LUNCH		LUNCH	
Green (Best Choice)		Amber (Select Carefully)	
Ham & Salad Bun OR Wrap	\$4.00	Lasagne (Perenti)	\$4.00
Ham, Lettuce, Tomato, Cheese, Beetroot, Cucumber, Carrot			
Toasted Sandwich		Chicken Burger	\$4.00
-Ham/Cheese/Tomato	\$3.00	Chicken Tender w Lettuce, Tomato, Beetroot & Cheese w Sauce	
-Ham/Cheese	\$2.50		
-Cheese Only	\$1.50		
Garlic Dinner Roll	.80c	Wrap	\$4.00
		Chicken Tender w Lettuce & Mayo	
Popcorn	.30c	Meat Pie (Hebby's Bakery)	\$3.00
		Sausage Roll (Home Style)	\$2.30
		Home Style Pizza Hawaiian OR Ham & Cheese	\$1.80
DRINKS		Party Pie (Hebby's Bakery)	\$1.30
Warm Milo (Lite Milk)	\$2.00		
Chocolate Moove Lite Milk	\$1.60		
Strawberry Moove Lite Milk	\$1.60		
Water	\$1.50		
Just Juice	\$1.00		
		Chicken Nugget	.50c
		Mini Hash Brown	.30c
NON ORDERING ITEMS		NON ORDERING ITEMS	
Green (Best Choice)		Amber (Select Carefully)	
Frozen Juicy Tubes	\$1.00	Fandangles	\$1.60
Frozen Orange Cup	.50c	Paddle Pop	\$1.60
Frozen Pineapple Ring	.50c	Red Rock Deli Chips	\$1.00
Frozen Yoghurt Star	.20c	Honey Soy OR Plain	

*Please take your order to canteen and put it in the bucket provided before 9am

*Canteen Open Monday Recess 11am : Lunch 1.05pm

*Lunch/Recess orders on separate bags please, If more bags needed please write a note

*This menu contains approx 51%Green 49%Amber

Good for kids
good for life



Pies supplied
by Hebbly's
Bakery

Barrington Public School Pie Drive Order Form

Contact Person:

Contact Number:

[illegible]

Order Form to be returned by FRIDAY 3rd June.

TOTAL

Pie Drive Collection Date THURSDAY 9th June from Barrington School between 2 - 3pm

BARRINGTON

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Dear Parents and Caregivers

This year's Small School Athletics Carnival will be held on Wednesday, 15th June 2016 at the South St Oval in Tuncurry. This carnival is for the whole school and is always a fun and engaging day. We will be joined on the day by Bungwahl, Krambach, Stratford and Coolongolook Public Schools.

The students are asked to arrive at 9.15am and events will commence at 9.30am. Transport will be by private car. Please note that even if you are transporting your own children on the day, you will need to provide your licence and insurance details to the school office. This is a DEC requirement.

The students are required to wear full school sports uniform. There will be a canteen operating on the day. Lunch orders will be sent home at a later date.

Please sign and return the attached permission slip before Friday, 3rd June 2016.

Alison Wise
Principal

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Small Schools Athletics Carnival Permission Note

I hereby grant permission for my child / children _____ to attend the Small Schools Athletics Carnival at Tuncurry on Wednesday, 15th June 2016.

☐ I am able to transport my child/children to the carnival on the day.

☐ I am unable to transport my child.

☐ I confirm that the school has sighted my current driver's licence and vehicle registration papers.

☐ I confirm that my child's medical details have not changed and the information form on file at school remains current.

Signed _____ Date _____

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